

Working Longer: Working Wiser - August 14th 2010

Feedback from Participants

"The workshop provided me with some wonderful insights with great people. Confirms I am taking the right steps in what is a very difficult journey. This was a great workshop."

"Very enlightening. I realise I am not the only one who has concerns about "getting older" and wonders what to do about it. The workshop helped me to understand that I can still operate and run a business.....To be able to sit and discuss as we have with like minded people is a valuable experience."

"I loved it – got heaps out of the workshop and found Kaye to be enormously generous. The workshop helped me to realise that my experience is shared by many others and I was reminded with many gems of wisdom. I'd recommend the workshop because it feeds one's soul and [encourages] to move forward with courage."

"The workshop articulated the issues – helped to sift things and matters – to flush them out"

"Awesome content and process were great. Very powerful questions in the handout. The workshop has helped me to gain clarity, some tools and to explore and 'stretch' my thinking. Thank you for a thought provoking, fun and inspiring day."

"A well constructed and content rich day of engagement. The numbers were right for informal dialogue. Good venue. Great to have a whole day to focus on my life. The workshop gave me a sense of not being alone. The content is thoughtful and 'stretching' with new ideas and sources. The workshop is tailor made for this demographic."

"Good informative subject matter. It helped me to understand that there are many other people in the same situation as myself. The workshop gives a clearer thought process on what one can do. Excellent facilitation"

"An excellent workshop – enjoyed the mix of people. The process prompted my current thinking and gave me the courage to move out of the comfort zone – and start planning. This workshop is particularly helpful for those in transition"

"What a productive day. My cup over-floweth! It has helped me to realise there are many in the same predicament and to take time to "stop" and "think" and then ACT."

"Inspiring /Encouraging ? Uplifting. The workshop opened my eyes and mind to the possibilities I can achieve – age is only a barrier in one's mind. I'd absolutely recommend it – Everyone should be encouraged to seek out new ideas. We are never too old to learn, adapt

and change. It is only my beliefs that [could] cripple my future. Thank you Kaye for an awesome day. You have taken me on a journey of discovery.”

“The topic and focus group was absolutely spot on. I felt you helped us open our collective eyes and therefore individual - to who we are, where we are and how we might make a fabulous contribution from that vantage point.

I thought your material was awe-inspiring in the width and quality of source material. The fact that you had one of your research participants in the room was a wonderful example of how close you are to your subject matter.

Your presentation was nicely personal and interesting.-Your use of hand written and hand drawn images was a blessed relief from the anonymity of a computerised presentation and suited your target audience perfectly.

- *The hand outs contained some very useful processes that enabled us to personalise the information being offered.*
- *The group sharing was soo heart warming and inspiring-what fabulous diversity and similarity.*
- *Your interaction with the participants and the material was relaxed and self supporting*
- *The venue was beautiful and the personally delivered refreshments by the café staff the height of luxury!”*